



Curly Words Therapies

Supporting Neurodivergent
Kids & Families

WELCOME
GUIDE

2025

CONTENTS

01 INTRODUCTION

02 SUPPORT

03 OUR DIFFERENCE

04 SESSION FOCUSES

05 CONTACT US





HELLO!

At Curly Words, we believe every child deserves a learning experience that honours their unique way of thinking, feeling, and growing.

Founded by our family on the Sunshine Coast, Queensland, Curly Words blends personal experience, professional knowledge, and heartfelt care.

Our team is led by Matthew Vale—an experienced Teacher, Behavioural practitioner and father of six—who brings lived experience of both Autism and ADHD to everything we do.

Matthew's diagnosis offered deep insight into the connection between neurodivergence, learning, and behaviour, shaping the Curly Words approach.

We know first-hand the challenges that come with being “wired differently”—the struggle to adapt, connect, and thrive in spaces that weren't designed for neurodivergent minds. We also know the power of persistence, self-reflection, and the right support. These values are at the heart of our programs.

At Curly Words, we're not just about helping guide your child through the nuances of education—we're about building confidence, skills, and community for every family we serve.

Matthew Vale



SUPPORT

WHAT WE OFFER



At Curly Words, we specialise in providing personalised one-on-one support for children on the NDIS, focusing on guiding them through their academic journey, from educational confidence, school readiness, emotional wellbeing, and core associated skills.

Our work centres around helping children build strong foundations in areas such as planning, flexible thinking, healthy routines, emotional regulation, and self-directed learning—skills that make everyday life and education feel more manageable and enjoyable.

Every child begins with a personalised plan, designed around their unique learning style, strengths, and emotional needs. We take a holistic approach that recognises the importance of emotional safety and personal connection as the starting point for meaningful academic and personal growth.

Our staff are registered teachers with a vast knowledge of the Australian Curriculum, and how it applies to home schooling and mainstream support. In addition, we work with existing allied health practitioners and schools to ensure your child has the individualised support they need to move forward.

OUR DIFFERENCE

OUR UNIQUE APPROACH, AND EVIDENCE BASED PRACTICES



At Curly Words, our work blends emotional wellbeing, planning, flexible thinking, and learning strategies, designed specifically for neurodivergent children.

Evidence based practices that guide us are:

- Universal Design for Learning (UDL), which promotes adaptable, inclusive learning,
- Positive Behaviour Support for emotional regulation/teaching and implementing proactive and reactive strategies,
- Lifelong learning strategies such as the Gradual Release of Responsibility model, ZPM and Constructivism.

Our programs are designed around flexible, predictable routines, scaffolded skill-building, and gentle exposure to change. We integrate the latest research on flexible thinking which is increasingly recognised for its impact on resilience, behaviour, and learning outcomes in autistic and ADHD learners.

Through play-based activities, planning tools, and interest-led tasks, we help children build confidence, self-awareness, and skills that empower them both academically and emotionally.

SESSION FOCUSES

HOW WE SUPPORT



Predictions & Flexible Thinking

- We help children gently explore flexibility around routines, expectations, and thinking patterns—reducing anxiety and supporting emotional resilience through proactive strategies and play-based learning.

Planning & Organisational Skills

- We explicitly teach essential life skills such as task planning, organising workspaces, breaking down tasks, and creating routines—building independence and fostering reflective learning habits.

Academic Skills & Confidence

- Our learning sessions use scaffolded, strength-based academic support tailored to each child's needs and interests. We help children develop their confidence and learning strategies through hands-on, interest-led activities that align with their goals and strengths. We focus on making learning feel achievable, engaging, and connected to real life.

FAQS

Q. Do you come to us?

YES! We travel to you at no extra cost within the Sunshine Coast Area from Caloundra to Noosa.

Q. Do you bill under the NDIS?

Yes. We bill weekly under capacity building depending on your child's age.

Q. What if I need to cancel?

We have a 24hr cancellation policy. Cancel and rebook a session whenever you need within 24hrs at no cost. If last minute cancellations are required, we charge a discounted rate to your plan.

Q. How many sessions do we do?

Generally one or two sessions a week are needed to keep on track with learning needs, but it's entirely up to you.

THANK YOU

Let's connect

 curlywordstherapies

hello@curlywords.com

www.curlywords.com

